Food Menn

Week 2 & 4



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	Breakfast Club	Afterschool Club
Monday	Crumpets, cereals, fruit yoghurts and raisins	Ritz Crackers and cheese, veg sticks and Fruit
Tuesday	Potato cakes, cereals, fruit yoghurts and raisins	Brioche , breadsticks, and fruit
Wednesday	Fruit loaf, cereals, fruit yoghurts and raisins	Scones with butter or Jam, breadsticks and Fruit
Thursday	Pancakes, cereals, fruit yoghurts and raisins	Crackers/breadsticks and cheese, veg sticks and fruit
Friday	Croissants, cereals, fruit yoghurts and raisins	Tortilla chips with cream cheese and fruit. Movie night Ice cream and popcorn

Veg Sticks include: Carrots, Peppers, Cucumber and Tomatoes. Fruits include: Apple, Pear, Grapes, Banana, Orange, Kiwi, Melon, Mango, Blackberries, Blueberries, Strawberries and raspberries.

